



SPECIAL PRESENTATION

AMY HOUSE C.D.P.

Normal Vs. Not Normal Aging

WHAT IS NORMAL AS WE AGE AND WHAT IS CAUSE FOR CONCERN THAT MAYBE THERE IS A HEALTH ISSUE OR DEMENTIA?

**WEDNESDAY, JANUARY 8TH
10:30AM-11:30AM**

**YMCA-FOREST LAKE
19845 Forest Road North**



**OPEN TO ALL
IN
FOREST LAKE
COMMUNITY!**

Come early for coffee & conversation.
Check in at the Welcome Desk
We'll begin promptly at 10:30am.

AMY'S PRESENTATIONS ARE FUN, ENGAGING AND NOTHING LIKE YOU HAVE EVER SEEN BEFORE! COME LEARN MORE ABOUT WHAT HAPPENS AS WE AGE AND HOW TO SUPPORT SOMEONE IF THEY ARE HAVING SIGNS OF DEMENTIA. AMY IS THE OWNER AND HOST OF THE PODCAST THINK DEMENTIA AND IS A CARE NAVIGATOR FOR THE MEDICARE GUIDE PROGRAM WITH TEMBO HEALTH.

AMY WILL ALSO COVER INFORMATION ON THE NEW FREE MEDICARE GUIDE PROGRAM FOR PEOPLE LIVING WITH DEMENTIA

AMY HOUSE, LALD, CERTIFIED DEMENTIA PRACTITIONER AND A POSITIVE APPROACH TO CARE CERTIFIED TRAINER WITH TEEPA SNOW IS A LEADING EDUCATOR IN THE TWIN CITIES ON DEMENTIA.

ALZHEIMER'S ASSOCIATION

